

2019

Providing PRTF level of  
intensity in the community



## Participant Manual

Baltimore Marriott Waterfront Hotel  
Baltimore, MD



The National Wraparound Implementation Center (NWIC) supports states, communities, and organizations to implement Wraparound effectively. NWIC uses innovative approaches grounded in implementation science and incorporates cutting-edge strategies to support Wraparound implementation. NWIC provides support that

is intensive yet affordable. The work is focused on building sustainable local capacity to provide model-adherent, high fidelity Wraparound, thereby increasing positive outcomes for children, youth, and their families.

NWIC is a partnership among the three leading universities involved with Wraparound implementation: The University of Washington School of Medicine; Portland State University School of Social Work; and the University of Maryland School of Social Work. These three universities collaborate to ensure sites have access to comprehensive support for implementing model-adherent, high quality Wraparound for children and youth with behavioral health needs and their families.

National Wraparound Implementation Center (NWIC)

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Objectives for today's session:

- Participants will consider what it means to provide a PRTF level of Intensity.
- Participants will explore what services and resources they need to consider when planning with a Child and Family Team.
- Participants will practice developing a plan that provides a comprehensive array of services and supports to meet a higher level of care need.

## **"The Worst Home Beats the Best Placement"**

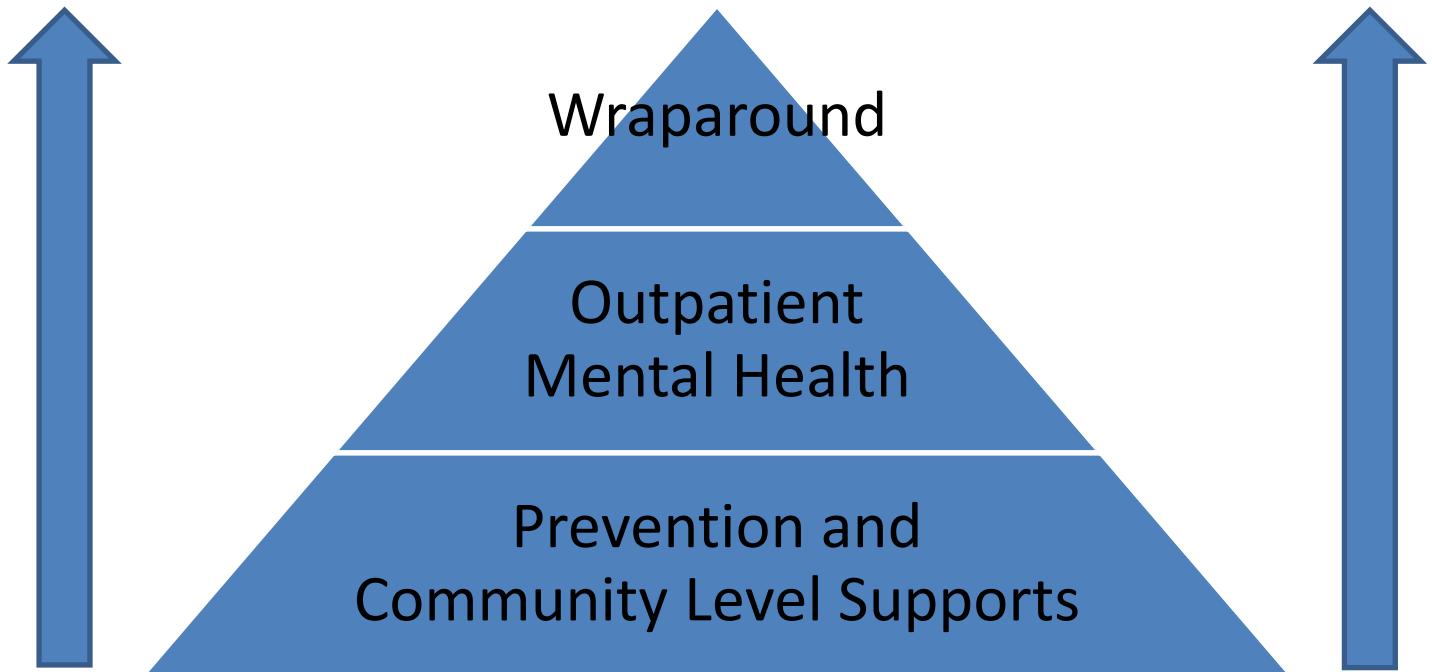
Jot down a few notes about what this statement means to you.

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# Pathways to Care



The Wraparound Care Coordinator is the locus of \_\_\_\_\_.

The Wraparound Care Coordinator ensures that the plan is

\_\_\_\_\_ and \_\_\_\_\_.

## Family Story

Matthew is a mixed-race 15 year old male of African-American and Caucasian heritage. He currently lives with his adoptive parents, Mona and John, and little brother, Steven, who is 3 years old. Mona and John adopted Matthew when he was 14. Mona has known Matthew since he was 11 when she donated tutoring time at the local social services agency for youth in foster care, they had an instant connection. Matthew and his family were referred to Wraparound by his mother's co-worker when she learned from Mona that Matthew had assaulted her. Matthew began showing signs of aggression about 1 year ago and within the past 6 months he has started skipping school, his grades are dropping, and he seems angry all the time. At first, Mona suspected it was drugs but Matthew denies using any substances and drug screens have all been negative. His behaviors have escalated and he is now staying out late, disobeying the rules, and starting fights with peers at school. Matthew's parents report when Matthew gets angry, he will hit things, slam doors, follow them around the house yelling, flip over furniture, threaten to call Child Protective Services, and threaten to run away. The last time Matthew hit Mona, she called the police. He is currently on probation for 6 months. Matthew has been hospitalized a total of 3 times in the last year. Despite the aggressive behavior, Mona and John report that Matthew is sweet, kind, shy, loves sports, and is very friendly. Matthew currently is diagnosed with Mood Disorder NOS, and ADHD and is prescribed Vyvanse 70mg, Fluoxetine 20mg, and Abilify 10mg. Matthew takes his medication as prescribed and sees his psychiatrist on a monthly basis.

Matthew was born in another state and only resided with his biological parents for a short time before he was placed in foster care. Matthew witnessed domestic violence on a daily basis and watched his mother stab his father. His biological parents' rights were terminated and he was placed in foster care at the age of 4. While in his first foster home, Matthew was sexually abused for two years from the age of 4-6. He disclosed this information to his school teacher when he started kindergarten and was immediately removed. He quickly bounced through 2 more foster homes before being placed with an adoptive family with whom he bonded. He thought he had found his permanent home and describes that time as good. He participated in little league sports and continued playing for recreational leagues until middle school when he joined the school team. Matthew describes this time as doing things normal families do. They started the adoption process but before it could become final, the foster father lost his job and the state would not allow the adoption to go through. Due to the economic hardship, his foster family had to move back to their home town where the foster father found a job. Matthew was not allowed to move with them and placed in yet another foster home. It was at this time he entered the public mental health system and met Mona.

Matthew struggled in his next foster home and often confided in Mona when things got tough. Mona reports that even with all that Matthew went through, she saw something in him that she couldn't ignore. He was and still is a star football player. She would often attend his games with her husband. Mona and John describe Matthew as a leader on the field. He pumps up his team to get ready for the game and rallies them when they are behind. He never takes credit for good plays and attributes successes to the whole team. Mona also stated Matthew would push his foster family away. Mona was afraid he would be removed from yet another foster home and talked to her husband about taking in Matthew. They both had grown to love Matthew and wanted to give him the same opportunities they had to move beyond their past. Matthew was almost 13 when he was placed with them. It was after the adoption when Matthew was 14 that the issues began. Mona and John don't understand because things were good prior to the adoption. They have tried everything from removal of privileges to pulling him out of sports. Nothing has worked. They do report having good days and that Matthew is so helpful when they are participating in their community service activities. Mona reports that she has heard Matthew crying in his bedroom and it breaks her heart. John feels like Matthew needs to 'pull himself up by his bootstraps and move on'. Matthew is very protective of his little brother and often babysits for him. He is gentle and patient with Steven. Steven adores Matthew. If Steven walks in the room when Matthew is angry and acting out, Matthew will immediately stop his behavior. Matthew apologizes after the incidents, but Mona is still fearful sometimes when Matthew gets really angry. If she tries to walk away from him, he will yell at her and say she doesn't love him and will abandon him like everyone else does. John and Mona are tired and while they knew it wouldn't be easy taking Matthew in, they just want him to know he is part of their family now.

Mona and John describe their family as close-knit. They still live in the town in which they grew up and Mona and John have known each other since they were both 6 years of age, attending the same elementary school. Mona lived with her grandparents growing up and refers to them as her parents. Mona never knew or had a relationship with her biological father and describes her relationship with her biological mother as strained, at best. Mona describes her childhood living with her grandparents as good. Mona further reported that she went to live with her biological mother after her grandparents began struggling financially when her grandfather lost his job. It was then that she got involved with the wrong crowd and struggled all throughout high school. Mona states she and John knew each other throughout school, but didn't start dating until she was a junior in high school. They were married 3 years later. Mona went on to earn a bachelor's degree in psychology and a master's in counseling. Mona feels her background is what led her to pursue degrees in the human service field, stating she always had a desire to help others.

John describes his childhood as troubled. When John was in middle school, his father went to prison for dealing drugs and this placed a huge financial strain on his family. John feels this was his wake-up call and the moment he knew he wanted something different for his life. He graduated high school and went on to earn his degree in criminal justice. He is currently a warden at the local detention facility in his home town. John loves his work and values honesty and integrity. He further wishes those virtues had been a part of his upbringing. John doesn't want the life he lived as a child for Matthew and worries the path Matthew is currently on will lead to just that.

As a family, they are active in the community and participate in Habitat for Humanity projects and other service projects almost every weekend. Mona and John view education as the means to move beyond your past and make something of your life. They work hard to ensure their family life is stable and consistent, so their children don't experience the same things they did as children.

Consider a few reasons that a family might choose a PRTF

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Activity: Use the family story to work as a group to plan for Matthew and his family. Develop hour-by-hour planning taking into account different services, supports and activities for different days. Creative, intensive and comprehensive.



What services might be important to include?

What considerations do you need to plan around for each member of the family?

Brainstorm services, supports, activities, and assurances received when a youth enters into a PRTF. Be specific!

## Residential Treatment Best Practices:

Check yourself:

Trauma Informed Lens

Engage, Support and Partner with Families

Connection to Home and Community Based Services and Supports

Strength Based

Moving toward "No Eject, No Reject"

Match youth to best interventions to meet their needs

Individualized Planning

Coordination across Programs and Systems

Committed to Health Equity

Commitment to Natural Helping Networks

Resiliency Oriented

Maintaining and supporting family connections

Family and Youth Choice

For more information go to Building Bridges Initiative <http://www.buildingbridges4youth.org>

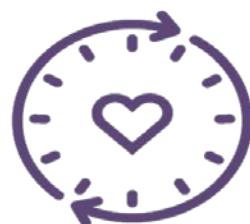
"The Worst Home Beats the Best Placement"



What does this statement mean to you now?

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What is your role in ensuring that families receive the level of intensity  
Wraparound can provide?

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What are three things that you are going to do to ensure that you are providing this level of intensity?

1.

2.

3.